



PRAYER FOR THE DAY

Almighty God give us grace to cast off the works of darkness and to put on the armour of light, now in this mortal life in which your Son Jesus Christ came to us in great humility that on the last day when he shall come again in his glorious majesty to judge the living and the dead, we may rise to the life immortal through him who is alive and reigns with you, in the unity of the Holy Spirit one God, now and forever. AMEN.

POST COMMUNION PRAYER

O Lord our God, make us watchful and keep us faithful as we await the coming of your Son our Lord; that, when he shall appear, he may not find us sleeping in sin but active in his service and joyful in his praise; through Jesus Christ our Lord. AMEN.

READINGS

Isaiah 2v 1-5 **P641** Romans 13 v 11-end **P158**
Matthew 24 v 36-44 **P26**

PARISH DIARY

Saturday 26th	10.00am	Coffee & Chat in the Meeting Room.
	10-1pm	Christmas Sharing Table and U3A Exhibition in Parish Hall.
Sunday 27th	8.00am	Communion at All Saints.
	9.30am	Communion at St George's.
	11.00am	Communion at All Saints.
	6.00pm-8.00pm	Pop Up Youth Group Parish Hall.
Tuesday 29th	9.00am	Morning Prayer in All Saints Churchyard.
	7.30pm	Being and Doing in Prayer at St George's Church. <i>"What do you have to do in order to 'be' in prayer?"</i>
Wednesday 30th	9.00am	Morning Prayer at St George's.
	10.00am	Coffee and Chat in the Meeting Room.
Saturday 3rd	10.00am	Coffee and Chat in the Meeting Room.
Sunday 4th	9.30pm	Gift Service at St George's.
	11.00am	Gift Service at All Saints.

Being and Doing in Prayer - Advent

IF YOU NEED A LIFT - PLEASE CONTACT INAS IN ADVANCE

Tuesdays, 29th November, 6th, 13th, 20th December - 7.30pm - 8.45pm in St George's Church. An engaging mix of information, practical practice and discussion led by Father Michael Camp and Dean Nick Papadopoulos. All welcome to these free evenings.

29 th November	<i>What do you have to do in order to 'be' in prayer?</i>
6 th December	<i>What is happening or not happening when we intercede?</i>
13 th December	<i>Prayer without words.</i>
20 th December	<i>How do we use objects in prayer? Icons.</i>

GIFT SUNDAY 4th DECEMBER

We are collecting gift vouchers (from supermarkets, chemists such as Superdrug or Boots, clothes shops) for the Women's Refuge who can use them as Christmas presents for the residents and throughout the year. Please ensure that they are in denominations of either £10 or £20. Either bring along on Sunday 4th December or post through the Parish office door.

Christmas Sharing Table and u3a Exhibition - Saturday 26 November, 10.00am – 1.00pm

Harnham Community Network (HCN) is once again holding a Christmas Sharing Table in the Parish Hall. People with surplus Christmas goods (decs, lights, wrapping paper, gifts, toys, bargain Christmas cards etc) are invited to share them with those who might be short, & able to make use of them. If you have goods to share, please bring them on the day, or ring 07962 213494 in advance. There will be Coffee & Chat as usual. HCN is also partnering with Spire u3a, who will be displaying examples of the work of their various learning groups.

Vicar:	Revd Becky	01722 333564 (Day off - Saturday)
Assistant Curate:	Revd Mike	07803 167889 (Day off - Saturday)
Parish Administrator:	Linda Baker	07925 108856 or harnhamparish@btinternet.com
Lift Coordinator	Inas Miles	07450 217091 or harnhamparishlifts@gmail.com

Please PRAY for:

- ❖ peace between Russia and Ukraine - pray for peace, for all those who have died in the war, those who mourn, those who seek refuge, and wisdom for all who lead.
- ❖ the people of Pakistan, Aid agencies, the World Food programme & Disaster Emergency Committee.
- ❖ the just use of the world's resources.
- ❖ The Nippon Sei Ko Kai. (The Anglican Church in Japan.)
- ❖ the Episcopal Churches in South Sudan and Sudan, especially for Rt Revd Gabriel Angok Arok, Assistant Bishop of Nimule in South Sudan.
- ❖ all the parishes in the Sherborne Deanery.
- ❖ the many arts and craft groups that meet in Harnham.
- ❖ World Aids Day – 1st December. Those who still suffer stigma. Continued medical research.
- ❖ those who live in Ancient Way, Rowbarrow Close and Rowbarrow Mews.
- ❖ those who are sick, and all who care for them, especially Caroline, Paul James, Ann Parry, Kath Glover, Revd Simon Wilkinson, Bill, Barbara Laws, Pam James, Anne Baker, Sheila Turner and Patricia P.
- ❖ those who have died.



Get Creative! Saturday 10th December. Parish Hall 2.00 -4.00pm.

Cost £15. Fundraiser for Parish funds. Make your own Christmas decoration - a Christmas sloth and other Christmas felted decorations. A chance to learn different felting techniques. No experience required! Includes drink and cake. Please book via Linda Baker.

An Advent Retreat with Poetry and Music - Saturday 3 December, 10.00am – 1.00pm

An online morning of worship and reflection. Join live from 10am or set your own time for retreat & watch the recording later. Speakers include Richard Carter, Malcolm Guite, Christopher Jamison OSB, Mark Oakley and Nicola Slee. Tickets are £10, or £5 for Church Times subscribers. Visit the Church Times website. www.churchtimes.co.uk/events

12 tips for a Green Christmas

- 1) **Start with your advent calendar.** Support overseas farmers by ensuring that your advent calendar, and any Christmas chocolate, is Fairtrade.
- 2) **Rent a tree.** Did you know that, in the UK, 6-8 million real Christmas trees go to landfill every year? Alternatively, dress up a living tree in your garden – add lots of bird feeders and fat balls, and some outdoor fairy lights!
- 3) **Go for a natural wreath and decorations.**
- 4) **Re-use cards and wrapping.**
- 5) **Create homemade gifts.**
- 6) **Make sure your gifts don't cost the earth.** Many beauty products contain palm oil. Its production causes mass deforestation, air pollution and human rights abuses.
- 7) **Give the gift of time.** What about a gift of cooking for someone once a month for a year, taking them for a coffee, house cleaning... or whatever. Just make a 'gift of time gift voucher' and put it in a card for them.
- 8) **Dim the lights but not the joy!** LED Christmas lights help to save energy and money. Use eco-friendly candles made from beeswax, soy. Avoid paraffin-based candles. Empty jars with ribbon make beautiful DIY candle-holders.
- 9) **Remember the reason for the season.** Practising generosity and hospitality is a great way to show Christ's love at Christmas. Invite someone who'd otherwise be on their own, to join you on Christmas Day. It's also a way of reducing energy consumption as they'll share your heating and cooking!
- 10) **Try a meat-free Christmas meal.** A high-meat diet causes environmental problems, be it overgrazing of land, pollution, or the intensive use of water or fossil fuels. Have a conversation about this with the people you'll be eating with to consider a meat-free Christmas? If you do eat meat, you could use free-range or organic, and use a local or independent retailer.
- 11) **Recycle right.** More waste ends up in landfill over Christmas than during the rest of the year. *Most wrapping paper is not recyclable. Do the 'scrunch' test. If it springs back, it isn't recyclable.*
- 12) **Carry on caring for God's earth throughout the year.** Nature needs us more than ever!